

IRON CHEFS

TEL: (972) 270-7256

FAX: (972) 270-7805

3811 Pavillion Court, Mesquite, TX 75150



Table	Server	Date
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* = Cooked


 = Spicy

		SUSHI		SASHIMI	
English	Japanese	Price	Qty	Price	Qty
Tuna	Maguro	5.25		12.95	
White Tuna	Ono	4.95		11.95	
Salmon	Nama Sake	4.75		11.75	
Albacore Tuna	Shrio Maguro	4.95		11.95	
* Fresh Water Eel	Unagi	5.25		11.95	
* Octopus	Tako	5.25		11.95	
Mackerel	Saba	4.25		10.75	
* Snow Crab	Kani	6.95			
* Surf Clam	Hokkigai	4.50			
Red Snapper	Tai	5.25		11.95	
Sea Urchin	Uni	MP		MP	
Fatty Tuna	Toro	MP		MP	
Scallop	Hotategai	5.25			
Sweet Shrimp	Ama Ebi	MP		MP	
* Squid	Ika	4.50		11.95	
* Shrimp	Ebi	4.25		10.95	
Smoked Salmon	Sake	4.95		12.50	
Yellowtail	Hamachi	5.95		13.50	
* Egg	Tamago	4.25			
Flying Fish Roe	Tobiko	4.95			
Smelt Roe	Masago	4.50			
Salmon Roe	Ikura	5.25			
Quail's Egg	Uzura	2.25			

SALADS

	Price	Qty
Seaweed Salad	4.95	
Squid Salad	4.95	
 Spicy Tuna Salad	10.95	
Special Salad	12.95	
 Iron Chefs Red Snapper Heaven	13.95	

APPETIZERS










	Price	Qty
 Heart Attack	5.95	
Sushi Sampler	9.95	
* Monkey Mountain	10.95	
Sashimi Appetizer	12.95	
Ahi Tower	13.95	

Special Comments:

BASIC ROLLS

	Price	Qty
* California Roll	5.25	
Tuna Roll	5.25	
Salmon Roll	5.25	
* Cucumber Roll	3.95	
 Spicy Tuna Roll	6.25	
 Spicy Salmon Roll	6.25	
 Spicy Scallop Roll	7.50	
* Louisiana Roll	8.25	
* Shrimp Tempura Roll	7.50	
 * Crunch Roll	8.25	
* Spider Roll	8.95	
* Eel Roll	8.25	
Yellowtail Roll	7.50	
* Futomaki Roll	8.95	
* Veggie Roll	7.95	
* Salmon Skin Roll	6.95	
* Philadelphia Roll	6.95	

SPECIAL ROLLS

	Price	Qty
Alaskan Roll	13.50	
Hawaiian Roll	13.75	
* Dragon Roll	13.75	
Rainbow Roll	12.95	
* Caterpillar Roll	13.25	
Sashimi Roll	14.50	
* Volcano Roll	12.95	
 * James Bond Roll	10.95	
* Sunset Roll	13.95	
* Paradise Roll	9.95	
 Kiss of Death Roll	13.95	
Geisha Roll	14.25	
* Ebi Ebi Roll	12.95	
 * Texas Rangers Roll	13.95	
 Double Spicy Roll	13.50	
 * Cowboy Roll	13.25	
 Fire Dragon Roll	13.95	
 * Sunshine Roll	12.95	
* Cutie Roll	9.95	
 * St. Augustine Roll	13.95	
 Young Roll	12.95	
Golden Gate Roll	13.95	
* Tornado Roll	13.95	
Iron Chefs Special Roll	17.50	

SUSHI MENU DESCRIPTION

SALADS

Seaweed Salad

Seaweed, Kelp, Sesame Seed, Sesame Oil and Vinegar

Squid Salad

Squid, Bamboo Shoots, Ginger, Sesame Oil, Red Pepper and Vinegar

Special Salad

Tuna, Salmon, White Tuna, Red Snapper, Shrimp, Ginger Dressing and Ponzu Sauce



Iron Chefs Red Snapper Heaven

Red Snapper, Sliced Jalapeno, Hot Sauce, Lettuce (Spring Mix), Ponzu Sauce

APPETIZERS



Heart Attack

Jalapeno, Crabmeat, Spicy Tuna & Deep Fried

Sushi Sampler

Tuna, Salmon, White Tuna, Red Snapper, Shrimp



* Monkey Mountain

Avocado, Spicy Tuna Deep Fried w/ Eel Sauce, Spicy Mayo

Sashimi Appetizer

2pc Tuna, 2pc Salmon, 2pc Yellowtail

Ahi Tower

Sushi Rice, Avocado, Crabmeat, Spicy Tuna,

BASIC ROLLS

* California Roll

Crabmeat, Cucumber, Avocado

Tuna Roll

Tuna

Salmon Roll

Salmon

* Cucumber Roll

Cucumber



Spicy Tuna Roll

Spicy Tuna, Cucumber



Spicy Salmon Roll

Spicy Salmon, Cucumber



Spicy Scallop Roll

Spicy Scallop, Cucumber, Green Onion



* Louisiana Roll

Deep Fried Crawfish, Crabmeat, Cucumber, Avocado, Smelt Roe (Spicy Mayo and Eel Sauce)

* Shrimp Tempura Roll

Deep Fried Shrimp, Crabmeat, Cucumber, Avocado, (Eel Sauce)



* Crunch Roll

Deep Fried Shrimp, Crabmeat, Cucumber, Avocado, (Crunch, Eel Sauce And Spicy Mayo)

* Spider Roll

Deep Fried Soft Shell Crab, Cucumber, Avocado, (Eel Sauce on top)

* Eel Roll

Fresh Water Eel, Cucumber, Avocado, (Eel Sauce on top)

Yellowtail Roll

Yellowtail, Cucumber, Green Onion and Ponzu Sauce

* Futomaki Roll

Egg (Tamago), Crabstick, Cucumber, Avocado, Seaweed

* Veggie Roll

Lettuce, Cucumber, Avocado, Japanese Mountain Carrot, (Eel Sauce on top)

* Salmon Skin Roll

Bake Salmon Skin, Cucumber, Japanese Mountain Carrot, (Eel Sauce on top)

* Philadelphia Roll

Smoked Salmon, Cream Cheese, Avocado

SPECIAL ROLLS

Alaskan Roll

California Roll w/ Salmon on top

Hawaiian Roll

California Roll W/ Tuna on top

* Dragon Roll

California Roll w/ Fresh Water Eel on top

Rainbow Roll

California Roll w/ 5 Kinds of Fish on top

* Caterpillar Roll

Cucumber, Fresh water Eel w/ Avocado on top

Sashimi Roll

Tuna, Salmon, Yellowtail, Scallion, Avocado w/ Ponzu Sauce

* Volcano Roll

California Roll topped w/ Bake Scallop, Spicy Crabmeat, (Spicy Mayo, Hot Sauce And Eel Sauce)

* James Bond Roll

Spicy Tuna, Cream Cheese, Avocado And Deep Fried (Spicy Mayo And Eel Sauce)

* Sunset Roll

California Roll W/ Smoked Salmon And Avocado on top

* Paradise Roll

Crabmeat, Cream Cheese, Avocado and Deep Fried (Spicy Mayo and Eel Sauce on top)



Kiss of Death Roll

Hot Mustard, Salmon, Crabmeat, Jalapeno, Green & Red Tobiko no top

Ceisha Roll

Fresh Water Eel, Avocado w/ Tuna, Salmon, White Tuna on top & Red / Black Tobiko & Crunch on top

* Ebi Ebi Roll

Shrimp Tempura, Cucumber, Avocado w/ 5 Sushi Shrimp on top



* Texas Rangers Roll

Spicy California Roll w/ Red Snapper, Garlic Butter & Crunch on top



Double Spicy Roll

Spicy California Roll w/ Spicy Tuna, Scallion



* Cowboy Roll

California Roll w/ 2pc Albacore, 2pc Shrimp, Jalapeno on top



Fire Dragon Roll

Crabstick, Spicy Shrimp, Spicy Tuna, Spicy Mayo, Cucumber



* Sunshine Roll

Shrimp, Avocado, Cream Cheese, Crabmeat, Spicy Mayo

* Cutie Roll

Cucumber Wrapped w/ Crabsticks, Crabmeat, Avocado, Masago, Ponzu Sauce



* St. Augustine Roll

Shrimp Tempura, Tuna, Cream Cheese, Crabsticks, Crunch, Spicy Mayo, Eel Sauce



* Young Roll

Spicy Tuna, Cucumber Inside, Red Snapper & Jalapeno on top w/ Spicy Tangy Sauce

* Golden Roll

Shrimp Tempura, Tuna, Cream Cheese, Salmon, Ponzu Sauce

* Tornado Roll

Pickled Japanese Yellowtail, Cream Cheese, Ponzu Sauce

Iron Chefs Special Roll

Tuna, Salmon, Red Snapper, White Tuna, Asparagus,

* = Cooked

= Spicy